

Quality of Life Survey The Good, The Bad, and The Opportunity!



The Chronic Myelogenous Leukemia Society of Canada
Originators of CML AWARENESS DAY® - September 22 (9/22)

La Société de la Leucémie Myéloïde Chronique de Canada
L'origine de "CML AWARENESS DAY"® - le 22 septembre (9/22)

The Good – Good Participation and Improvement in Key Indicators of Quality of Life

Responses received from this survey show an improvement in key quality of life indicators

Personal health, family health, work life, social life, relationships with family, family income, access to medicines and information.

United Kingdom

USA

Lithuania

Canada

Thailand

Australia

and

Israel

Philippines

France

Germany

Turkey

Italy

India

Scotland



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The BAD

- 22% of respondents reported difficulty carrying out the functions of their family life when compared to prior to treatment for CML
- 37% noticed a deterioration in their relationship with their partner and children
- 18% of the respondents are on disability directly related to their CML
- 40% noticed a decline in their household income



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The Bad

- Ability to understand the milestones of treatment – needs serious work
 - 40% of the respondents did not understand the terminology/definition of tx milestones
 - 10% skip their Tx once a week, 10% skip 3 X a week – 57% who skip their tx do so intentionally
 - 40% - the knowledge of STIM trials would have improved their ability to adhere and learn the milestones



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Interesting....

- French CML patients from France - those that know about the stopping trials do not miss a dose of their tx, understood the terminology/definitions of the tx milestones
- The trend is that the better the SE's are managed - the better the adherence, the better the response, the better the Quality of Life



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The Opportunity!

- PCR Tracker App – to teach, have fun and to track response – living app – poster in the poster hall
- CML Wellness Program – Teaches patients the art of living well – INSPITE of CML!
Comprehensive self management program-coming soon



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Quality of Life is Important Because..



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Questions?



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