

Guidelines and real World: Management of CML in chronic and advanced phases



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Some Issues in CML 2017

- First Line treatment: Imatinib vs 2nd generation TKI
- Value of early molecular response 3 and 6 months
- TKI new toxicities, non-adherence, financial burden
 - Special issues: Original drug availability: No published data on efficacy of non-branded copies.
- ✓ No progression to advanced phases
- ✓ Optimal tolerance without serious adverse events
- ✓ Optimal molecular response (MMR): continue treatment.
- ✓ Deep response (MR 4.5): possibility of discontinuation

Patient monitoring by quantitative methods, International Scale
RQ-PCR (IS) BCR-ABL

Do we follow guidelines in the Real World and outside clinical trials?

Treatment Success 3 basic points to consider



Availability of effective treatment

Treatment Adherence

40%-64% CML no adherence to 1st line, 25% discontinue adherence 3 months previous to study: young pts <50 years less adherence (p:0.004)

Optimal response monitoring

<50% patients outside clinical trials are monitored according to published guidelines. Patients with low frequency of monitoring: **worse evolution.**

Monitoring in the Real World

N:1205 pts CML chronic phase. Retrospective data in US

During first 12 months of diagnosis:

- 41% no molecular studies RQ PCR,
- 32% only 1 or 2 studies,
- 27% followed guidelines

N:1837 CML pts. World CML Registry

3 m: CG 10%, PCR 15%

6 m: CG/PCR 39%

12 m: From 931 patients: 38% CG, 50% PCR

N:1200 patients CML SIMPLICITY, observational study

Patients followed for 12 months: 49% (at least) 1 CG study, 83% PCR

Only 37%, 3-4 annual PCR

CG 1st year: 58% (Academic Centers) vs 39% (Community practice)

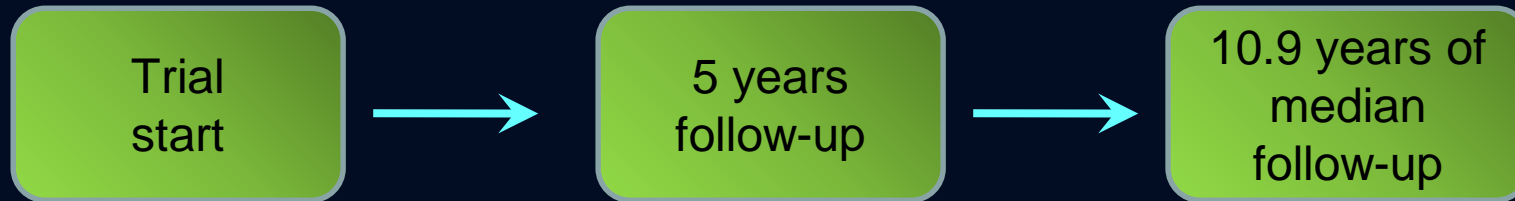
PCR : 87% vs 79%

NCCN and ELN: What do the guidelines tell us?

- ✓ As newer, more potent, TKIs have been developed and approved over the past 15 years, the decision about which drug to use as first line therapy, and when to switch treatment in particular patients has become more complicated.
- ✓ The National Comprehensive Cancer Network (NCCN) and the European LeukemiaNet (ELN) have developed treatment and monitoring guidelines to aide in the management of these patients.
- ✓ The guidelines were developed by two groups of CML experts and recommendations are based on available data and expert opinion.

✓ With adherence to the recommendations proposed by the NCCN and ELN, we can expect to continue to see excellent outcomes for our patients with CML.

Efficacy and Safety Analyses: IRIS Trial

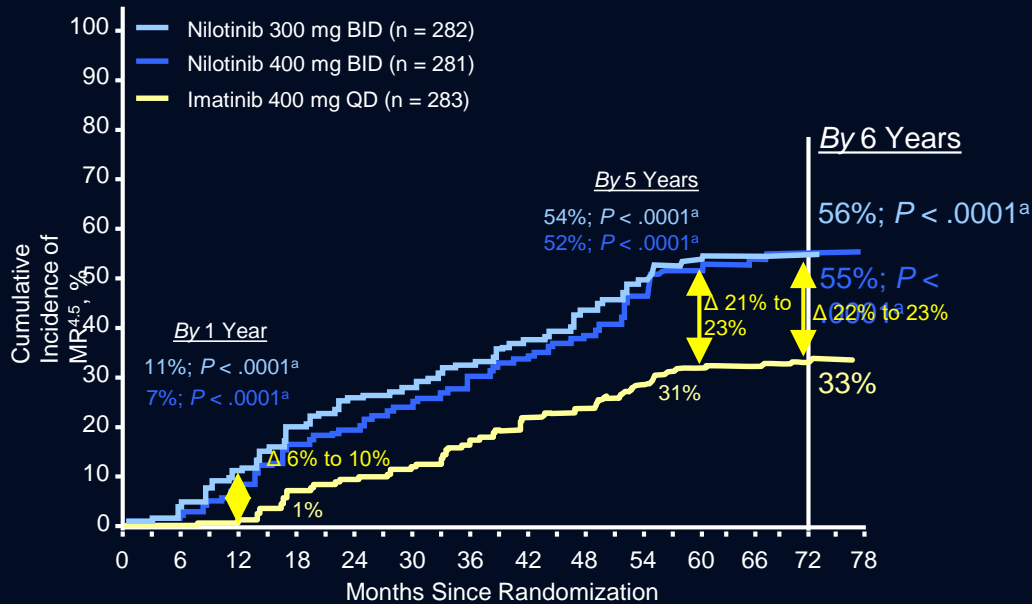


- ✓ 48.3 % continued in Imatinib frontline
- ✓ 83.3% Estimated 10 year overall survival rate (high risk Sokal 68.9% vs low 89.9%)
- ✓ 6.9 % progressed to accelerated phase or blast crisis
- ✓ 92.1% Rate freedom of progression to accelerated/blast phase at 10 years

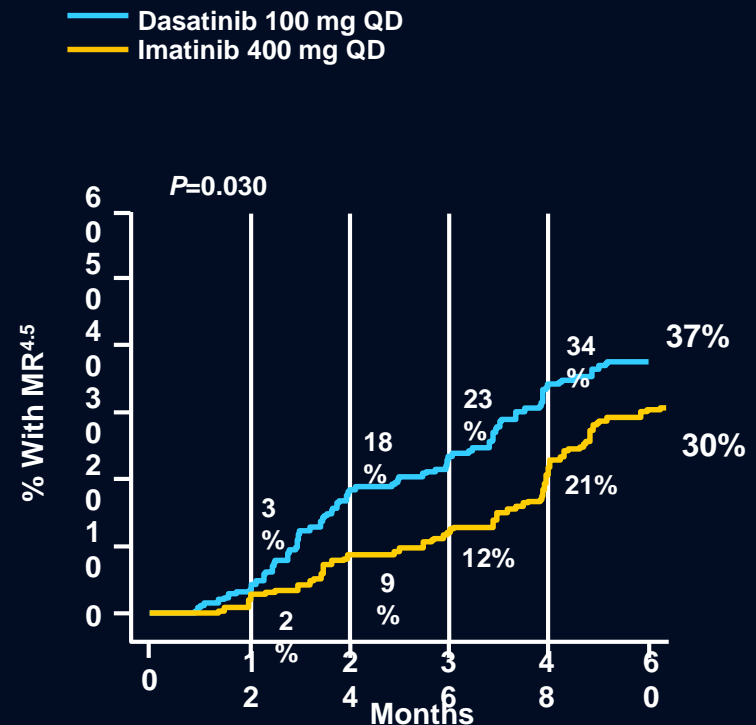
✓ No cumulative or late toxicity
✓ Durable efficacy at 10 years of follow up

Deep response “MR4.5” with different TKI

ENESTnd



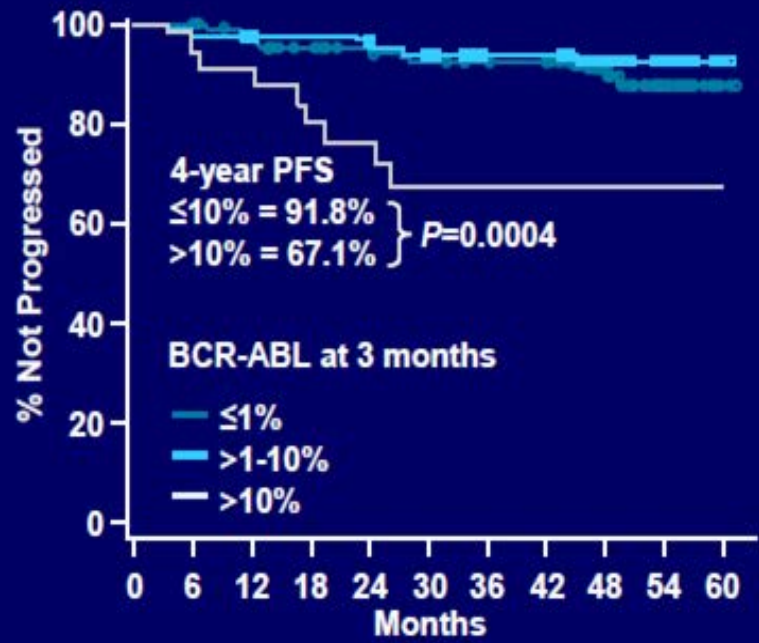
DASISION



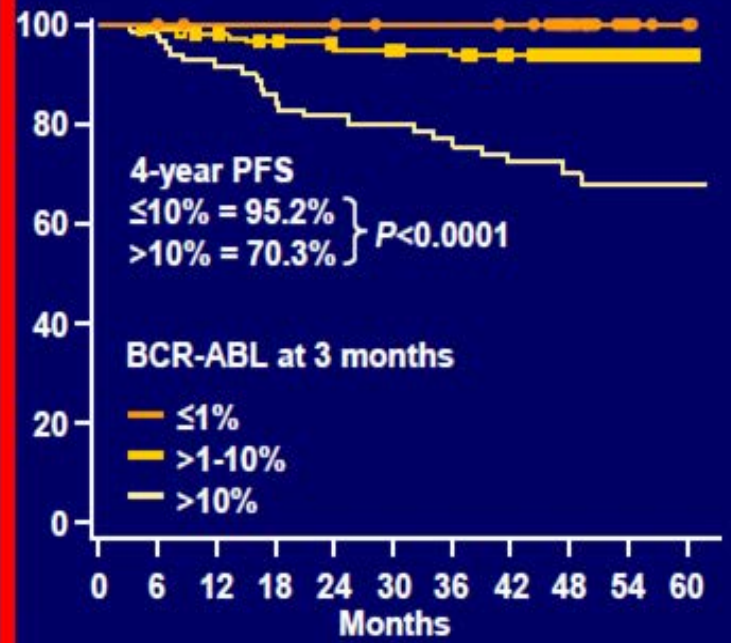
BCR-ABL level at 3 months is a predictor of progression

DASISION 4-year follow-Up

Dasatinib 100 mg QD
84% had $\leq 10\%$ BCR-ABL



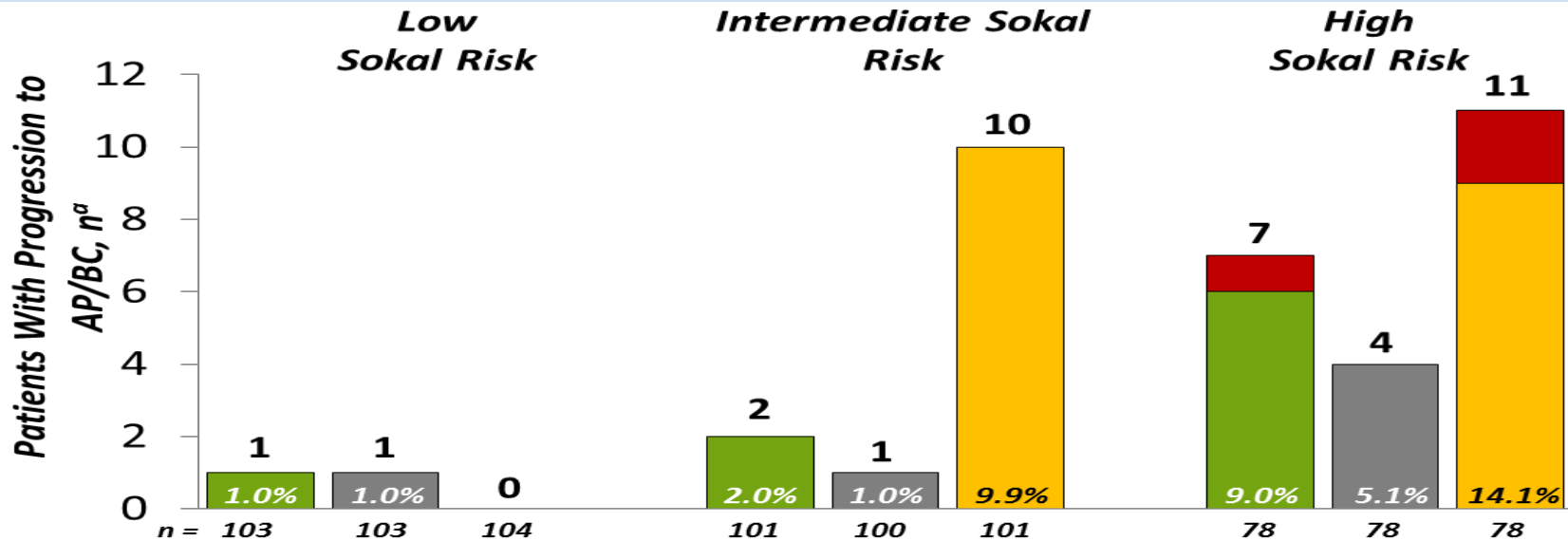
Imatinib 400 mg QD
64% had $\leq 10\%$ BCR-ABL



^aCalculated from total number of evaluable patients with PCR assessments at 3 months.

Fewer patients progress to advanced phases on Nilotinib vs Imatinib: ENESTnd 5 year update

Progression to Advanced phases: Accelerated and blast phase according to Sokal Risk



■ **New events reported since the 4-year analysis**
■ **Nilotinib 400 mg BID (n = 281)**
■ **Nilotinib 300 mg BID (n = 282)**
■ **Imatinib 400 mg QD (n = 283)**

- All 3 progressions to **AP/BC** on study reported since the 4-year analysis occurred in patients with **high Sokal risk** scores at baseline; all 3 patients also had **BCR-ABL^{IS} > 10% at 3 months**
- All progressions in patients with low/intermediate Sokal risk scores occurred during the first **2 years on study**

DASISION and ENESTnd Study: Overall survival

- Superior rates of cytogenetic and molecular responses in newly diagnosed patients treated with 2nd generation TKI.
- No Overall survival benefit has been demonstrated

	Overall Survival	
DASISION 5year OS	91% DASATINIB	90% IMATINIB
ENESTnd 4year OS	94,3% NILOTINIB 600	93.3% IMATINIB

Off target effects and dosing

Imatinib

GI Toxicity
Edema (pleural effusions rare)
Rash
Myalgia
Diarrhea

Once/day.
Take with food.

Nilotinib

QTc prolongation
Lipase elevation
Peripheral artery occlusion

Take on an empty stomach q 12 hrs

Dasatinib

Bleeding
Pleural effusions
Pulmonary artery hypertension

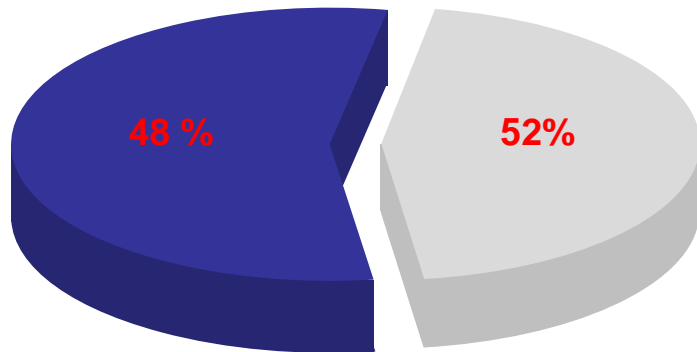
Once/day.
Take with or without food.

Criteria for Failure and Warning Response to Imatinib – ELN 2013

Time (mo)	Response		
	Failure	Warning	Optimal
3	No CHR, And/or Ph+ >95%	BCR-ABL >10%, and/or Ph+ 36-95%	BCR-ABL ≤10%, and/or Ph+ <35%
6	BCR-ABL >10% and/or Ph+ >35%	BCR-ABL 1-10%, and/or Ph+ 1-35%	BCR-ABL <1%, and/or Ph+ ≤35%
12	BCR-ABL >1% and/or Ph+ >0%	BCR-ABL >0.1-1%	BCR-ABL <0.1%
Any	Loss of CHR Loss of CCyR Confirmed loss of MMR Mutations CCA/Ph+	CCA/Ph- (-7, or 7q-)	BCR-ABL <0.1%

Intolerance/Resistance Occurs in Some Patients treated with Imatinib

Disposition of Patients After
10.9 Yrs of median Follow-up
(IRIS Trial)



- Discontinued frontline imatinib
- Continued frontline imatinib

**ELN: Mutation test
Recommendations**

Chronic Phase:

Mandatory in treatment “failure”
Recommended in “Warning”

Advanced Phases:

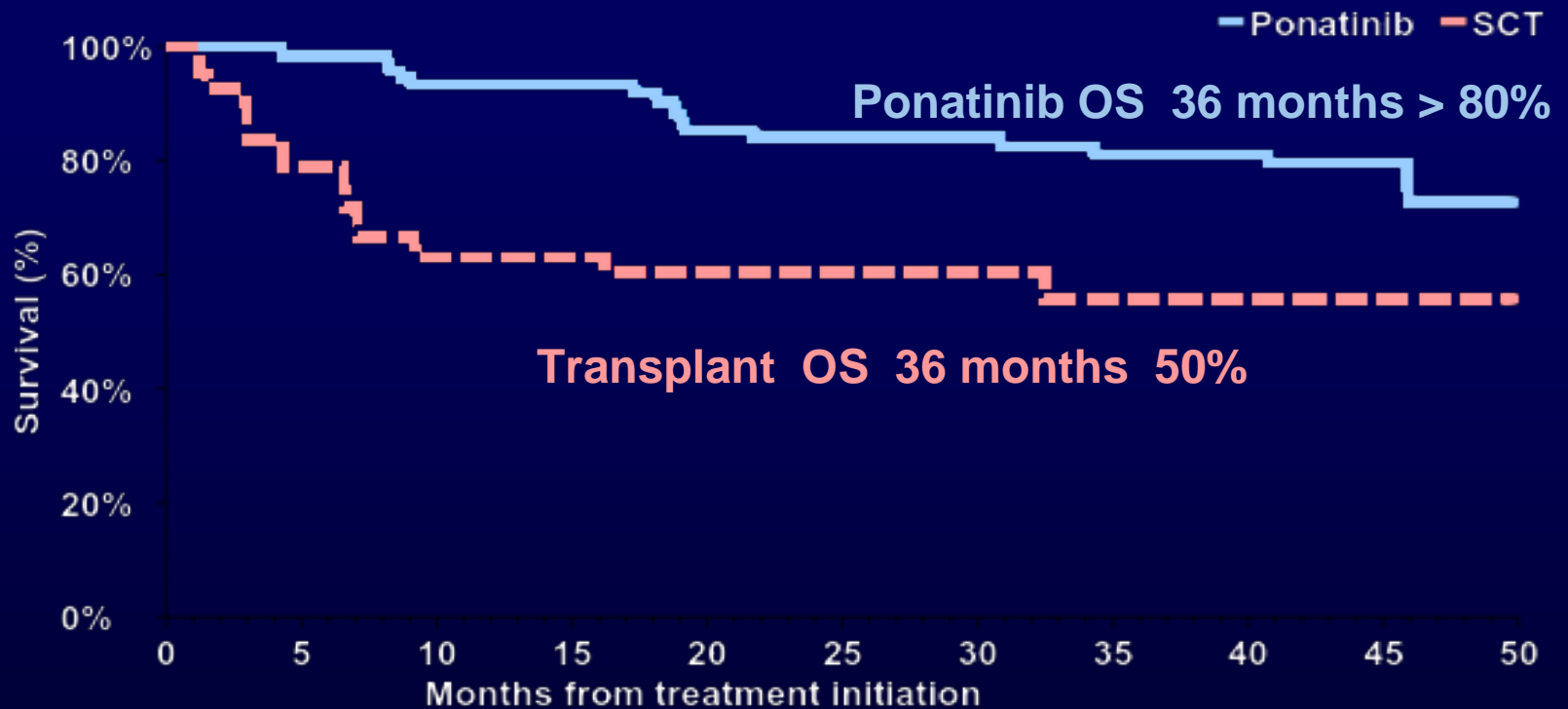
Previous and during treatment

Resistance to Imatinib: Response to 2nd line

Response	Percentage		
	Dasatinib [†]	Nilotinib [‡]	Bosutinib
Follow Up (months)	>24	>24	>24
Complete Hemat. Response	89	77	86
Major Cytogenetic Response	59	56	54
Complete cytogenetic response (0%)	44	41	41
24 mo PFS*	80%	64%	81%
24 mo OS*	91%	87%	91%

Shah et al. Haematologica 2010; 95: 232-40; Shah et al. Am J Hematol 2016; 91: 869-74
 Kantarjian et al. Blood 2011; 117: 1141-45; Giles et al. Leukemia 2013; 27: 107-112
 Cortes et al. Blood 2011; 118: 4567-76; Gambacorti-Passerini et al. Am J Hematol 2014; 89: 732-42

Survival with Ponatinib and transplant in Chronic Phase-CML with Mutation T315I



Chronic Phase resistant 2 -3 lines treated with Ponatinib	Major Cy Response	Complete Cy response	Major Molecular response
	56%	46%	34%

Treatment Strategy recommendations for Advanced Phases (ELN - NCCN)

Accelerated Phase and Blast Phase
newly diagnosed:
TKI naive patients

Imatinib 400 mg twice daily

or

dasatinib 70 mg twice daily or 140 mg once daily

Stem cell donor search

Then, allo stem cell transplant is recommended for all Blast phase and for Accelerated phase patients who do not achieve an optimal response

Chemotherapy may be required before alloSCT to control the disease

Accelerated Phase and Blast Phase as
progression from chronic phase in TKI pretreated patients

Anyone of the TKIs that were not used before progression (Ponatinib in T315I)

then allo stem cell transplant in all patients

Chemotherapy is frequently required to make patients eligible for alloSCT

Summary

- Multiple 1st and 2nd line options
- Treatment choice does not depend only of efficacy
- 10% BCR-ABL transcript levels at early timepoints are prognostically significant
- Comorbid conditions and mutation analysis can help guide treatment choice
- Adherence to therapy is critical for optimal response
- Treatment-related adverse effects must be well managed by the clinician
- Following guidelines helps to reach better outcomes

Thank you !!

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