# Improving Communication with Adolescent CML Patients

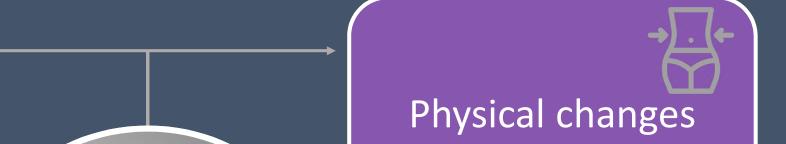
Tips for a developmentally appropriate practice

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Formal operations



KEY FEATURES

OF

ADOLESCENCE

The growth of selfawareness: a quest for identity They want to be part of groups: a growing sense of others

### Tips for parents

- 1. Don't lecture your teen, have a conversation.
- 2. Don't attack.
- 3. Show respect for your teen's opinions.
- 4. Keep it short and simple.
- 5. Be yourself.
- 6. Seize the moment.



# Tips for Doctors and Organizations

- 1. Talk disclosure/privacy issues
- 2. Negotiate the agenda
- 3. Explain your role
- 4. Use simple language
- 5. Be direct
- 6. Normalize



# Tips for Doctors and Organizations

- 7. Listen
- 8. Be respectful of the adolescent's experience and autonomy
- 9. Consider emotional content
- 10. Offer an opportunity for questions
- 11. Leave the door open
- 12. Offer options



### Activities that work with adolescents

