

Improving Communication with Adolescent CML Patients

Tips for a developmentally
appropriate practice

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Formal operations



Physical changes

KEY FEATURES
OF
ADOLESCENCE

The growth of self-awareness: a quest for identity



They want to be part of groups: a growing sense of others



Tips for parents

1. Don't lecture your teen, have a conversation.
2. Don't attack.
3. Show respect for your teen's opinions.
4. Keep it short and simple.
5. Be yourself.
6. Seize the moment.



Tips for Doctors and Organizations

1. Talk disclosure/privacy issues
2. Negotiate the agenda
3. Explain your role
4. Use simple language
5. Be direct
6. Normalize



Tips for Doctors and Organizations

7. Listen

8. Be respectful of the adolescent's experience and autonomy

9. Consider emotional content

10. Offer an opportunity for questions

11. Leave the door open

12. Offer options



Activities that work with adolescents

